

Physical Education at Clifton Primary School

INTENT -

Physical Education is concerned with the development of the physical, social and intellectual abilities of children. Physical Education focuses primarily on learning through doing and we will therefore aim to deliver a broad and balanced programme of study at Clifton Primary School that is progressive, stimulating and challenging.

Clifton Primary School believes that a good Physical Education programme can have a significant influence on a child's long-term health, well-being, attitudes and behaviour as well as developing both physical confidence and competence. Providing opportunities for all children to foster and strengthen key core values such as forging strong relationships and demonstrating resilience remains an integral part of PE and we will provide opportunities for the children to work individually, with partners, in small groups and in teams. The children will also experience opportunities to use a variety of equipment and apparatus.

IMPLEMENTATION -

At Clifton Primary School, we will provide a broad and balanced PE curriculum through the implementation of units taken from the Lancashire Scheme of Work. These units within EYFS are taught through a thematic approach whilst in KS1 there is a large focus on learning the fundamental movement skills (FMS) in readiness for being able to apply these skills within activities and games in KS2. KS1 and KS2 use progressive units and core tasks in an attempt to make all of our children at Clifton physically literate.

EYFS: Physical and Creative Development lessons (theme based)

Key Stage 1:

- FMS
- Games
- Gymnastics
- Dance

Key Stage 2:

- Games
- Gymnastics
- Dance
- Swimming
- Athletics
- OAA

IMPACT -

At Clifton Primary School, pupils through our PE curriculum will acquire the knowledge and understanding of how to lead an active and healthy lifestyle. Pupils' learning of PE will also contribute significantly to their own personal development and impact greatly on key characteristics and core values such as developing their own relationships and social skills as well as improving their self-confidence and self-esteem.

In order to measure pupil progress and attainment in PE staff will collect first hand evidence by questioning pupils and observing pupils as well as highlighting their individual and group performances in PE. They will look to be regularly revising the schemes of work and planning documents to reflect the individual and collective need. Teaching staff will use the PE Passport App to adapt their teaching and learning as well as monitor and assess progress throughout their year group. Staff will act on this evidence to ensure that high quality PE is being taught within school and that the individual child's progression of knowledge and skills is being met according to expectations.