



Personal, Social and Health Education (PSHE) at Clifton Primary School

INTENT –

At Clifton Primary School, we firmly believe that in order to uphold our mission statement of 'Bringing out the Best in Each and Every Child' then PSHE and HRE education need to be at the forefront of our teaching and learning. We have chosen to identify the new statutory Health and Relationships Education as HRE so as not to confuse with the delivery of RE (Religious Education) and where 'health' within HRE focuses greatly on mental health and wellbeing.

At Clifton Primary School, we believe that PSHE with HRE will help to give pupils the knowledge, skills and understanding they will need to lead confident, healthy, independent lives and become informed, active and responsible citizens who are safe, healthy - both physically and mentally - and happy as they grow up.

We aim to ensure that PSHE and HRE is inclusive and meets the needs of all our pupils, including those with special educational needs and disabilities (SEND). We aim to ensure that PSHE and HRE fosters gender equality and LGBT+ equality. We will also ensure that our teaching and the procedures we have in place follow and comply with the legal requirements set out in the Equality Act (2010).

IMPLEMENTATION –

At Clifton Primary School, our Health Education and Relationship Education programmes are an integral part of our whole school PSHE education provision. Our PSHE curriculum for Key Stages 1 and 2 is built on a thematic-based model.

The PSHE education curriculum is tailored to the needs of our pupils so it can be adapted by every teacher in a way that best suits the needs of the children in their class. Developmental progression is built in by revisiting and reflecting on the key themes year on year, building on and extending prior learning.

Our programme is taught through a range of teaching methods and interactive activities. Where relevant, lessons will link to and complement learning in other areas of the curriculum. Children will be encouraged to reflect on their own learning and progress by incorporating assessment for learning and opportunities for children consider what the learning means for their lives.

IMPACT –

At Clifton Primary School, through our PSHE curriculum, we intend to provide our children with the necessary skills to succeed in life. We recognise that modern life presents children with many challenges and difficulties and it is our aim to ready them for their future beyond Primary School.

During key stages 1 and 2, PSHE education offers both explicit and implicit learning opportunities and experiences, which reflect pupils' increasing independence and physical and social awareness, as they move through the primary phase. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. PSHE education helps pupils to manage the physical and emotional changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.